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| **Microskill Name** | **Microskill Example** |
| **Reflection of Content** |  |
| **Reflection of Feeling** |  |
| **Summarizing** |  |
| **Perception Check** |  |
| **Addressing Unique Culture and Context** |  |
| **Expressing Empathy** |  |
| **Validation** |  |
| **Immediacy** |  |
| **Personal Self-disclosure** |  |
| **Professional Self-disclosure** |  |
| **Open Question** |  |
| **Exploring Purpose Question** |  |
| **Closed Question** |  |
| **Scaling Question** |  |
| **Interruption** |  |
| **Redirection** |  |
| **Clarification** |  |
| **Nonverbal Communication of the Client** |  |
| **Reflection of Meaning** |  |
| **Silence** |  |
| **Exploration of Contradictions** |  |
| **Reframing** |  |
| **Interpretation** |  |
| **Feedback** |  |
| **Directives/Invitations** |  |
| **Sharing Information with Clients** |  |
| **Consequence Prompt** |  |
| **Client Reflection** |  |
| **Client-generated Homework** |  |